



PUBLIC SWIM & HOT TUB TIMES

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APRIL 6 TO MAY 2, 2010

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
THE WHIRLPOOL IS OPEN DURING ANY LANE, LEISURE, OR AQUAPUMP PROGRAM AS WELL DURING OUR COMPETITIVE SWIM CLUB TIMES	LANE SWIMMING 8:30 - 10 AM	LANE SWIMMING 6:30 - 10 am	LANE SWIMMING 6:30 - 10 am	LANE SWIMMING 6:30 - 10 am	LANE SWIMMING 8:30 - 10 AM		
	AQUAPUMP AND LANE SWIM 9 TO 10 A.M. A great fitness incentive & motivational program for all! Drop-ins welcome! (45 MINUTE WORKOUT) A supervised preschool plunge is available for children 2 yrs. & older.						
	ARTHRITIC AQUACIZE 10 -11 AM	LESSONS & SCHOOL PROGRAMS 10-12 NOON	ARTHRITIC AQUACIZE 10 -11 AM	LESSONS & SCHOOL PROGRAMS 10-12 NOON	ARTHRITIC AQUACIZE 10 -11 AM	LEARN TO SWIM PROGRAMS 10 TO 1 PM	LEARN TO SWIM PROGRAMS 10 TO 1 PM
	SCHOOLS 11-12 NOON		SCHOOLS 11-12 NOON		SCHOOLS 11-12 NOON		
	LANE SWIMMING 12 NOON TO 1 P.M. WITH PRESCHOOL PLUNGE FROM 12 TO 12:40 P.M.					LANE SWIMMING W/ PRESCHOOL PLUNGE 12 NOON TO 1	LANE SWIMMING W/ PRESCHOOL PLUNGE 12 NOON TO 1
	SCHOOL PROGRAMS 12:40-2:40	SCHOOL PROGRAMS 12:40 - 2:40	SCHOOL PROGRAMS 12:40 - 2:40	SCHOOL PROGRAMS 12:40 - 2:40	SCHOOL PROGRAMS 12:40 - 2	LEISURE SWIM 1 TO 5 PM	LEISURE SWIM 1 TO 5 PM
	SWIM CLUB 4:45 TO 6:15 PM	AFTERSCHOOL SWIM LESSONS 4 TO 6:00 PM	SWIM CLUB 3:45 TO 5:30 PM	AFTERSCHOOL SWIM LESSONS 4 TO 6:00 PM	*****		
	AFTERSCHOOL SWIM LESSONS 4 TO 6 PM	SWIM CLUB 4:45 TO 6:15 PM LEISURE 6-7:30PM	AFTERSCHOOL SWIM LESSONS 4 TO 6 PM	SWIM CLUB 4:45 TO 6:15 PM LEISURE 6-7:30PM	LEISURE SWIM 3 TO 5:30 PM		
	LEISURE SWIM 6:15 TO 7:45 PM	LANE SWIM 1 LANE 6:15 -9 AQUAPUMP(45 MINS)	TOONEY SWIM 6 TO 7:30 PM AQUAPUMP(45 MINS)	LANE SWIM 1 LANE 6:15 -9 AQUAPUMP(45 MINS)	TOONEY SWIM 5:30 TO 7:30 PM		
	ADULT LESSONS w/Preschool Plunge & LANE SWIM 7:45 TO 8:45 PM	Preschool Plunge Lane Swim 1 lane guaranteed 7:30-8:30 PM	& LANE SWIM WITH PRESCHOOL PLUNGE 7:30-8:30 PM	Preschool Plunge Lane Swim 1 lane guaranteed 7:30-8:30 PM	RENTAL TIME AVAILABLE		