

BABYFIT

\$62.50 FOR ALL 10 CLASSES

Exercise WITH your BABY!!!!

\$7.50 DROP IN

SEPT. 14 TO OCT.14

9 TO 10 AM

BABYFIT

ALL 4-MOS & 12 MOS POOL PASSES HONORED

WE REQUIRE A MINIMUM OF 10 TO RUN THE CLASS!! - MAX 16!!!!

FOR BABIES 9 MOS TO 24 MOS. - WITH MUM OR DAD

-BABIES MUST BE ABLE TO SIT UP ON THEIR OWN

WE HAVE "SPRING FLOATS" FOR THE BABIES

FALL SESSION 1
AFTERSCHOOL MONDAYS & WEDNESDAYS (AFT1MW)
SEPTEMBER 13 TO OCTOBER 18
NO CLASS OCT.11 - THANKSGIVING

3:45 - 5:00 JUNIOR LIFEGUARD CLUB (TO DEC.6)



4:00 - 5:00 BABYSITTERS FIRST AID

5:00 - 5:30 SALAMANDERS

5:30 - 6:00 JLC DOLPHINS (TO DEC.6)

6:00 - 6:30 SEA TURTLES

8:00 - 9:00 JLC MASTERS (TO DEC. 6)

PARENT PARTICIPATION DAY: WEDNESDAY, SEPT. 29

TUESDAYS & THURSDAYS (AFT1TT)
SEPTEMBER 14 to OCTOBER 14



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3:45 - 4:45 SYNCHRONIZED SWIMMING (LAST CLASS DECEMBER 9)

4:45 - 5:15 LEVEL 3/4



5:15 - 5:45 LEVEL 1/2

PARENT PARTICIPATION DAY: THURSDAY, SEPTEMBER 30

SUNDAY LESSONS (SUN1)
SEPTEMBER 12 TO OCTOBER 31
(EIGHT LESSONS)

10:00 - 12:00 BRONZE MEDALLION/BRONZE CROSS

10:00 - 11:00 LEVEL 7-10

10:10 - 10:50 LEVEL 3/4



11:10 - 11:50 SUNFISH/CROCODILES/WHALES
 11:00 - 11:40 SEA TURTLES/SALAMANDERS
 11:50 - 12:30 LEVEL 1/2
 12:10 - 12:50 LEVEL 5/6



PARENT PARTICIPATION DAY: SUNDAY, OCTOBER 17

SUNDAY LESSONS (SUN2)
 NOVEMBER 7 TO DECEMBER 19
 (SEVEN LESSONS)

10:00 - 11:00 LEVEL 7-10
 10:10 - 10:50 LEVEL 3/4
 11:10 - 11:50 SUNFISH/CROCODILES
 11:00 - 11:40 SEA TURTLES
 11:50 - 12:30 SALAMANDERS
 12:10 - 12:50 LEVEL 5/6



PARENT PARTICIPATION DAY: SUNDAY, DECEMBER 7

FALL SESSION 2
 AFTERSCHOOL MONDAYS & WEDNESDAYS (AFT2MW)
 OCTOBER 20 to NOVEMBER 22

3:45 - 5:00 JUNIOR LIFEGUARD CLUB (TO DEC.6)
 4:00 - 5:00 BABYSITTERS FIRST AID
 5:00 - 5:30 SOLOTOTS
 5:30 - 6:00 JLC DOLPHINS (TO DEC.6)
 6:00 - 6:30 SEA TURTLES
 6:30 - 7:00 SALAMANDERS



PARENT PARTICIPATION DAY: WEDNESDAY, NOV. 10

TUESDAYS & THURSDAYS (AFT2TT)
 OCTOBER 19 TO NOVEMBER 23

3:45 - 4:45 SYNCHRONIZED SWIMMING (LAST CLASS DECEMBER 9)

4:45 - 5:45 LEVEL 5/6



PARENT PARTICIPATION DAY: THURSDAY, NOVEMBER 4

PRESCHOOL LESSONS (PS1)
MONDAYS/WEDNESDAYS
SEPTEMBER 13 TO OCTOBER 18

10 TO 10:30 STARFISH/DUCKS SALAMANDERS

10:30 TO 11 SEA TURTLES SUNFISH/CROCODILES

Parent Participation Day: Wednesday, September 29

PRESCHOOL LESSONS (PS2)
TUESDAYS/THURSDAYS
OCTOBER 21 TO NOVEMBER 18
(8 CLASSES)



10 TO 10:30 STARFISH/DUCKS SALAMANDERS

10:30 TO 11 SEA TURTLES SUNFISH/CROCODILES

Parent Participation Day: Tuesday, November 9
